



PGL 2026

Information Evening
Wednesday 9th September
4.30pm

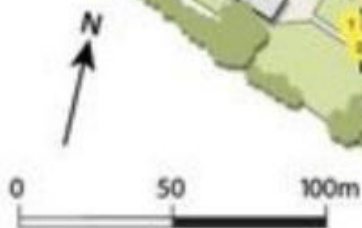


Windmill Hill

Centre Map

Accommodation Key

- A Amberstone
- B Belle
- C Cuckmere
- D Dellington
- E Elders Hill
- F Forest Row
- G Glydebourne
- H Hardmonkeux
- I Infield
- J Jaxington
- K Kingston



The Team

- Mrs Gill
- Mr Poupard
- Miss Cave
- Mrs Priddy
- Mrs Edge
- Mr Copley

What to expect

- We are aiming for everyone to have an awesome week where everyone faces and overcomes some challenges – no matter how big or small.
- All of the staff going can't wait! We signed up for this and want to make this week a success for everyone.
- All children get to experience new adventures and activities and may be away from home for the first time.
- Staff are on hand – day and night – for any issues that may arise.
- Children will have the opportunity to try lots of activities. They will be encouraged – but not forced – to try them all.

What to bring

- **Spending money – no more than £10** – provided in sealed envelope with child's name. Children will have 2 trips to the on-site shop where they can purchase drinks, sweets, souvenirs etc.
- DO NOT PACK THIS. IT WILL BE COLLECTED BEFORE DEPARTURE.
- **Medicine** – must be handed in with consent form on the morning of departure.
- Please let us know if your child suffers with travel sickness.
- **Packed lunch for Monday (unless pre-ordered from school)** All other meals are provided.
- **Sweets** (within moderation) for midnight snacks – yes, they are inevitable!
- **Small games/book** for free time, e.g. Dobble/UNO etc. (no electronic devices/consoles)
- **Night light (optional)** if scared of the dark.
- **Torch** – We will be doing night activities.
- **Clothes** – see next slide.
- **Backpack & Water bottle**
- **DO NOT BRING MOBILE PHONES or CAMERAS.** These are a safeguarding risk. Children will be getting changed/showered etc.

Clothes (Bedding is provided)

- Warm (short coats rather than long ones that can't get in a harness)
- Rain coat
- Gloves/hat in case it is cold at night
- Old clothes that you don't mind getting ruined
- Labelled everything!
- Lots of changes in case we get wet/sweaty!
- Jogging bottoms are better than jeans
- Pyjamas
- Sun cream and sun hat
- Footwear x3 - for activities, for water and for around the cabin (no flipflops, crocs or wellies for activities)
- Hairbands - PGL leaders will not let children participate if they don't have long hair tied back.
- Some activities are very dirty and wet – make sure you send **a black bag** for these!
- Please look at the list on the next page.

CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- ☐ Tops & jackets
 - ☐ T-shirts
 - ☐ Long sleeved shirt/T-shirts
 - ☐ Waterproof jacket
 - ☐ Fleece/jumpers
- ☐ Trousers or leggings
but not jeans as they get heavy and cold when wet
- ☐ Underwear & socks
- ☐ Swimming costume/trunks for water activities
- ☐ 1 or 2 sets of clothes for the evening
- ☐ Suitable nightwear



Your arms will need to be covered to do some activities.



Your socks will need to cover your ankles to do some activities.



WHAT TO BRING

FOOTWEAR

- ☐ 2 pairs of trainers
 - 1 for activities
 - 1 old pair for watersports
- ☐ 1 pair of dry shoes for evening activities



We recommend that all visitors wear closed-toe footwear while on site due to uneven terrain and safety considerations around activity areas

OTHER ITEMS

- ☐ 2 towels
 - 1 for showering
 - 1 old one for activities

- ☐ Reusable drinks bottle
- ☐ Small rucksack/bag
- ☐ Labelled bin bag for wet and dirty clothing
- ☐ Sleeping bag or duvet and pillow (unless otherwise advised)
- ☐ Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)
- ☐ Hair ties for long hair
- ☐ Torch
- ☐ Pocket money £10-20 Recommended



What to wear

We have included some guidance on what to wear and what not to wear for the activities we are most often asked about. Please note, activities vary at each centre and final activity itineraries are planned by each centre.

Water-based activities

- ✓ Old trainers/water shoes
- ✓ Warm clothing
- ✓ Layers
- ✓ Old clothes
- ✓ Swimwear (for some water activities)
- ✗ Flip flops/crocs/sandals
- ✗ Wellies
- ✗ Jeans

Rope sessions

- ✓ Sturdy footwear
- ✓ Tops to cover the shoulders
- ✓ Shorts that cover the thighs
- ✓ Long trousers
- ✗ Flip flops/crocs/sandals
- ✗ Denim shorts

Muddy activities

- ✓ Old trainers
- ✓ Long trousers (waterproof if possible)
- ✓ Layers
- ✗ Flip flops/crocs/sandals
- ✗ Shorts

Medical and medicines

- **Every child** will need to have a completed medical form.
- These will be sent home a few days before the trip.
- Please complete medicine information/indicate none needed.
- Please complete calpol/piridon permission (These will be taken to PGL by the school staff).
- All prescribed medicine must be in original box with prescription label stating child's name and dose.
- Please sign and ensure contact number is completed so we have it to hand.
- **PLEASE HAND THIS IN ON THE DAY OF DEPARTURE**

PLEASE DO NOT BRING



- ✗ Electrical devices
- ✗ Computer games
- ✗ Food items that contain nuts
- ✗ Jewellery/valuables
- ✗ Aerosols
- ✗ Flip flops/crocs/sandals

If you bring your
mobile phone, please note,
it is not covered by our
insurance.

**Please DO NOT allow
your child to bring a
mobile phone or
camera (even if
disposable).**

Daily Routine (Guide)

- 7 am – wake up /breakfast
- 9 am activities – 2 sessions
- 12:30 lunch
- 2pm activities – 2 sessions
- 5:30pm dinner
- Free time
- 7 pm evening activity
- 8.30pm return to rooms
- 9.30pm lights out

Activities (To be confirmed)

- Giant Swing
- Archery
- Raft Building
- All Aboard
- Abseiling
- AMBUSH!
- And many more...



Here is an example day...



EVENING

	MORNING ACTIVITIES		AFTERNOON ACTIVITIES			
Group 1	Zip Wire (ZW1)	Buggy Building (BB2)	Raft Building (RB2)	Archery (A2)		Campfire (CF2)
Group 2	Buggy Building (BB2)	Zip Wire (ZW1)	Archery (A2)	Raft Building (RB2)		Campfire (CF2)
Group 3	Zip Wire (ZW2)	Problem Solving (PS3)	Raft Building (RB3)	Archery (A3)		Campfire (CF2)
Group 4	Problem Solving (PS3)	Zip Wire (ZW2)	Archery (A3)	Raft Building (RB3)		Campfire (CF2)
Group 5	Zip Wire (ZW3)	Raft Building (RB2)	Jacob's Ladder (JL1)	Aeroball (AE2)		Campfire (CF2)



All groups get to do all the same activities over the course of the trip - just in a different order.



Food

- Dietary requirements – please let us know asap by Y6 email or come chat to us!
- Choice of meals – salad bar, bread, fresh fruit.
- Veggie & vegan options.
- Allergies – inform in writing so that we can let PGL know.
- We will take the children's lanyards.
- PGL kitchen staff are amongst the most helpful and accommodating people we have ever met, your child will not go hungry!
- For more info about the menu, [click here](#).



Rooms

- Usually 5 or 6 to a room but there are sometimes smaller/larger rooms.
- Bedding is provided
- En suite
- Leader rooms spread between pupil rooms.
- Secure site – patrolled 24 hours.



How do we allocate activity groups and dorm rooms?

- We like the children to have as much input as possible - after all, they are going to be spending time with these people!!!
- We will ask each child to name 3 other children who they would, ideally, like to be in a room with (same gender)
- We will ask each child to name 3 people they would like to be in an activity group with.
(These may or may not be the same people).
- We cannot guarantee that they will be put with everyone they have nominated but we do guarantee that they are with at least one of them.
- The children will be told their groups once we are at PGL.

Keeping you informed

- Information and updates will be posted on the school X (Twitter) site every day.
- You have been sent a link about packed lunches and photo consent already.
- [PGL - Photo Consent / Lunch Option – Fill out form](#)
- Please ensure it is completed by 18th September.
- Please note, if you do NOT give photo permission, you will not be able to see photos of what your child is getting up to.
- Children will not be named and most photos will be group shots.

Monday 28th September 2026

(prior to departure)

- Come to school at **9:45 am.**
- (If you need to send your child in normal time, that's fine but give medicines and money to the office),
- Register – hand in medicines if needed, Confirm any changes in emergency contact details.
- Different tables will be set up for consent form and medical items etc.
- Drop luggage.
- **Supply a packed lunch in a carrier bag (unless you have pre-ordered one from the school kitchen).**
- **Departure time (approximate) 10:45 am**
- Wave your child off and either blub into a hanky/prepare for a relaxing and quiet week ahead/both!

Friday 2nd October 2026 (the return)

- Text giving estimated arrival time (3 pm – 4 pm).
- Children will be released from the drive
- All children will need to be **collected** in person (even if they normally walk home by themselves)
- Inform school of changes in collection arrangements.
- Turn on the washing machine!



Any Questions?

Finally

Questions? Here are the answers to some commonly asked questions:

- Is the Twitter (X) account private?
- *No, but we will not post children's names. Most of the shots will be group shots and it will say Group 1 has been ... etc.*
- What if my child needs help at night?
- *If a child needs medication or help at night, they should knock on an adult's door. All of the staff rooms are labelled with the staff names and whether they are first aiders or not. Each child will be told which adult is holding their medication.*
- Where are the photos stored?
- *Unlike other trips, staff will use their personal phones to take photos of the children during activities (iPads are just too big and heavy and aren't good quality). As soon as we get back to school, these are downloaded onto the school system and deleted from each phone.*
- Will there be other schools?
- *Yes, there will be multiple schools using the canteen, and some evening activities may take place with another school. However, all rooms and day time activities are just for us.*
- ANY FURTHER QUESTIONS/CONCERNS email YEAR 6.
- WE ARE GOING TO HAVE AN AWESOME WEEK!